

# 10 Reasons To Stay in the Fight

*Will You Stay Engaged?*

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**by Dr. Sherri Tenpenny**

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Will you stay in the game?

# #1 Fight to Save Our World

## The War Isn't Over

- We need to play **OFFENSE** and not always play **Catch Up**
- Are we experiencing **Stockholm syndrome**?
  - It is a psychological response to being held captive.
- The abuser can be any person or entity in which *the abuser is in a position of control or authority*.
- People form a psychological connection with their captors and begin to side with them, often sympathizing with them
  - Do people trust their doctor – *the one who poisoned them*?
  - Do people obey the government – *masks, distancing, PCR tests*?
  - Do people believe and trust the media - *CNN, MSNBC, etc*?
  - Oct 2022 – **The Atlantic** – *“Let’s just forgive everyone and move on”*



Will you stay in the game?

# #2 Fight to Save Our Food

## Save our Food

- Bugs in our flour –
- Peel – chemicals on our fruits and veggies  
[www.DrTenpenny.substack.com](http://www.DrTenpenny.substack.com)
- mRNA vaccines in our animals
- Eliminating proteins - cattle, chickens, cows
- Eliminating farms – the Netherlands, Ukraine
- Buying American farms - (893,400,000 acres of US farmland)
  - Canada (12,845,000 acres)
  - Netherlands (4,875,000 acres)
  - Italy (2,703,000 acres)
  - The UK (2,538,000 acres)
  - Germany (2,269,000 acres)
  - Portugal (1,483,000 acres)
  - **China (384,000 acres)**
  - **Bill Gates (269,000 acres)**

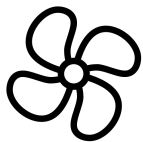


Will you stay in the game?

# #3 Fight to Save Our Water

## Save our Water

- Endocrine disruptors
- Chlorine, fluoride, other chemical contaminants
- More than **4,000 human and animal prescription medications** in our water and then in the food chain
- **Alkaline hydrolysis** - a method of final disposition of human remains ... Then the debris is put into the water supply
  - As of 2022, this is legal in **24 states**



Will you stay in the game?

# #4 Fight to Save Our Air

## Save our Air

2012 – European Parliament

“Unlike condensation trails, these ‘trails’ do not dissipate quickly into the atmosphere. According to experts, analyses have verified the presence of the following elements in the chemtrails: barium, aluminum, radioactive thorium and cesium, copper, titanium, silicon, lithium, cobalt, lead, ethylene dibromide and several pathogenic agents.”

REF: [https://www.europarl.europa.eu/doceo/document/E-7-2012-002906\\_EN.html](https://www.europarl.europa.eu/doceo/document/E-7-2012-002906_EN.html)



Will you stay in the game?

# #5 Fight to Protect Our Children

## No More Abusive Education

- The National Assessment of Educational Progress, or the “Nation’s Report Card,” administered to 7,400 9-year-olds in 410 schools
- Since COVID in 2020, **[masks and lockdowns]** scores dropped 5 points in reading and 7 points in math
  - This is the largest drop in reading scores on the NAEP since 1990
  - It is the first-time math scores have fallen since the test was first administered in 1973.
- Kids with less in-person schooling fared far worse, as did Black children and children who struggled prior to the Covid abuse of children

# Xavier Becerra, Sec of HHS

The most powerful person in all of government





Will you stay in the game?

# #5 Fight to Protect Our Children

## STOP Child trafficking

- Federal law requires that a missing child must be entered into the FBI's National Crime Information Center (NCIC).
  - In 2021: NCIC listed **337,195** missing children
  - In 2021: this was a \$150 billion industry
  - In 2022: NCIC listed **359,094** missing children
    - This is in the US alone. Millions more missing worldwide
- 



Will you stay in the game?



# #5 Fight to Protect Our Children

## STOP Perverting Young Minds

- **Resist Groomers**
  - Plan: Co-opt Children and Neuter Men
- **Resist the 'Woke' Agendas**
  - **CEI** – Community Engagement Initiative
  - **ESG** – Environmental, Social and Governance
  - **DEI** – Diversity, Equity, and Inclusion
    - The push toward acceptance of LGBTQA+
    - The push to accept transgender transition and mutilation of children
    - The push to 'normalize' pedophilia
      - Calling pedophiles MAP – **Minor Attracted Persons**

Will you stay in the game?

## Fight to Protect Our Children

### Drag Queen Story Hour

- The term ‘drag’ started in the late 1890s in the theater district in Britain.
  - Men wore dresses that “dragged” on the floor as they played female characters
  - The term evolved to “drag queen” as men presented themselves as more and more extreme, exaggeratedly feminine performances
- Drag Queen Story Hour started in 2015 in San Francisco as a way to introduce young children to the LGBTQA+ culture





Will you stay in the game?

# #6 Fight For Your Personal Rights

## • Freedom to Travel

- Resist Vaccine Passport ID
- Resist the Travel ID

## • Freedom of Speech

- We are the only country in the world with constitutionally protected right to freedom of speech
- They are taking it away through:
  - Censorship
  - Trolling / fact checking
  - Allowing the government to decide what is TRUTH

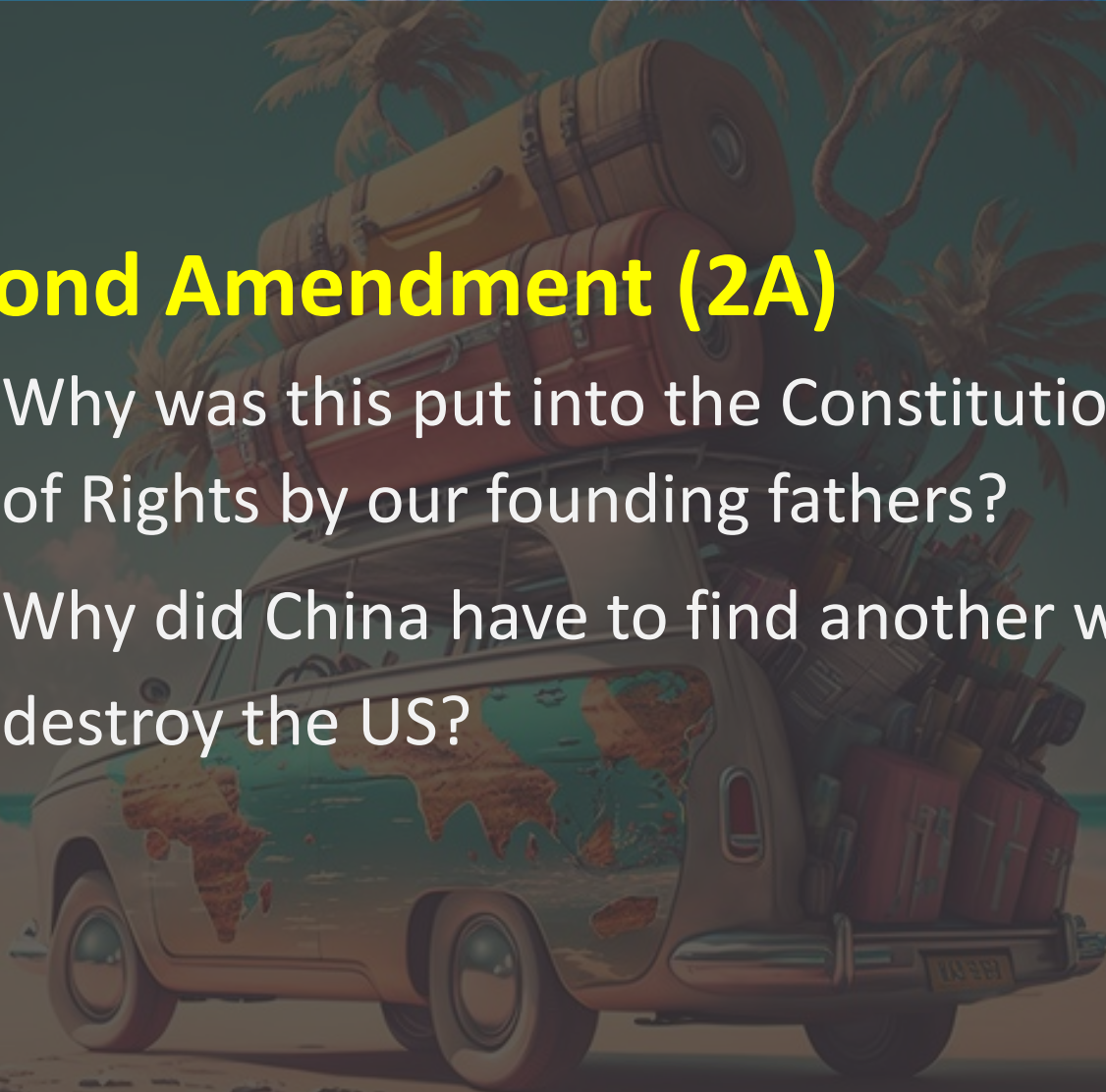


Will you stay in the game?

# #6 Fight For Your Personal Rights

## Second Amendment (2A)

- Why was this put into the Constitution and Bill of Rights by our founding fathers?
- Why did China have to find another way to destroy the US?





Will you stay in the game?

## #6 Fight For Your Personal Rights

### Fight for the Right worship

2 Timothy 3:12: Indeed, all who desire to live a godly life in Christ Jesus ***will be persecuted***

**1962:** The U.S. Supreme Court banned school-sponsored prayer in public schools, saying it 'violated the separation of church and state'

Prayer in School? ***Not allowed unless...***

- Students are allowed to meet and pray on school grounds ***as long as*** they do so ***privately*** and don't try to force others to participate
- The Court has also held that public schools may teach students ***about*** the Bible ***as long as*** the lessons are "***presented objectively as part of a secular program of education.***"
- The Court held that ***religious groups may not teach religious courses on school premises during the school day.***

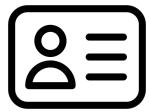


Will you stay in the game?

## #6 Fight For Your Personal Rights

### The Satanic Temple (TST)

- **After School Satan Clubs** “provide a safe and inclusive alternative” to Christian-based groups that may seek to “convert school children to their belief system.”
- TST says its **After School Satan Clubs** encourage ‘critical thinking, rationalism, **creative artistry** and science.’
- Children ages 5-12 are allowed to attend with parental permission (*for now*)



Will you stay in the game?

# #7 Fight to Save Your Right to Privacy

**Communism is not their endgame;  
*tyrannical, totalitarian technocracy is***

- Refuse 15-minute cities
  - Fight for the right to live where you want
- Refuse Real ID
- Refuse or Resist Constant Surveillance 24/7/365
- Refuse to be microchipped
- Refuse future jab mandates & booster requirements



Will you stay in the game?

# #8 Fight to Save Your Sovereignty

**CSRQ-SM (Social Management) Software** is the program that will be used worldwide by governmental and banking institutions when the financial reset occurs.

- The financial reset will be a complete restructuring of the current system, ***eliminating all fiat currencies overnight.***
- The CSRQ-SM software will intercept all banking transactions, all credit and debit card transactions, and all known financial transactions over a period of 3 to 5 days once the system is activated.

The software is designed to process all financial transactions centrally, and **immediately issue social credit scores** for all users.

Each class contains fines, demerits, penalties and rewards for good behavior.



# CSRQ-SM Software (Social Management)

## C – Common Class

- About 95% of humanity
- **Covid shots: 2+ required boosters**
- Asset Limitation: No greater than \$5000 net worth at any given time
- Account Limitation: Bank account cannot exceed more than \$1000 USDR at a time
- Carbon score: ***Restricts travel and food.*** Best = 1; 500+ is worst

## R – Restricted Class

- About 3 % of humanity (250M people)
- ***Covid shots: 3 or more required boosters***
- Asset Limitation: No greater than \$1000 net worth at any given time
- Account Limitation: Bank account cannot exceed more than \$500 USDR at a time
- Carbon score: Restricts travel and food. Best = 1 ; 500+ is worst

## S – Sovereign Class

- About 0.1% of humanity (7-8M people)
- **NO Covid shots required**
- Asset Limitation: **no ceiling on net worth**
- Account Limitation: **Unlimited Bank accounts**
- Carbon score: **not calculated, not enforced**

## Q – Quarantined Class

- Punishment Class – **designed to kill people**
- ***Covid shots + 5 or more required***
- Asset Limitation: No greater than \$500 net worth
- Account Limitation: Bank account cannot exceed \$250 USDR at any one time
- Carbon score: ***Restricts travel and food.*** Best = 1 ; 500+ is worst



Will you stay in the game?

# #8 Fight to Save Your Sovereignty

- Countries who adopt this system – and the CBDC - have surrendered their sovereignty
  - **They want a World GOVERNMENT, by Consent or by Conquest**
  - What they have designed is a ‘bloodless coup’
- The people of the world will be forced into this system by eliminating food, making energy cost-prohibitive and stealing their money and their livelihood through an engineered economic collapse
- Your social score will soon be as common as your credit score.
  - Non-compliance means pain.
  - No money, no friends. Loss of housing and property.
- You will have to jump through many hoops to remove the demerits.

# GOLD & SILVER

[www.TenpennyAlliance.GoldAndSilver.Business](http://www.TenpennyAlliance.GoldAndSilver.Business)



[bit.ly/goldsilverdrt](http://bit.ly/goldsilverdrt)



Will you stay in the game?

# #9 Fight For Your Health Choices

## Will You Fight for:

- **Right to choose/refuse procedures**
  - All Vaccines and Vaccine mandates
  - Refuse all PCR and other mandated tests
  - Refuse mandated masks
- **Right to refuse medications**
  - Remdesivir, Steroids
  - Opioids, Psychiatric drugs, Sedatives
- **Right to choose medications**
  - Ivermectin, Hydroxychloroquine, budesonide
- **Right to choose the healthcare provider you want**
- **Right to refuse insurance/Medicare**



Will you stay in the game?

**#9** The Fight for Your  
Health Choices

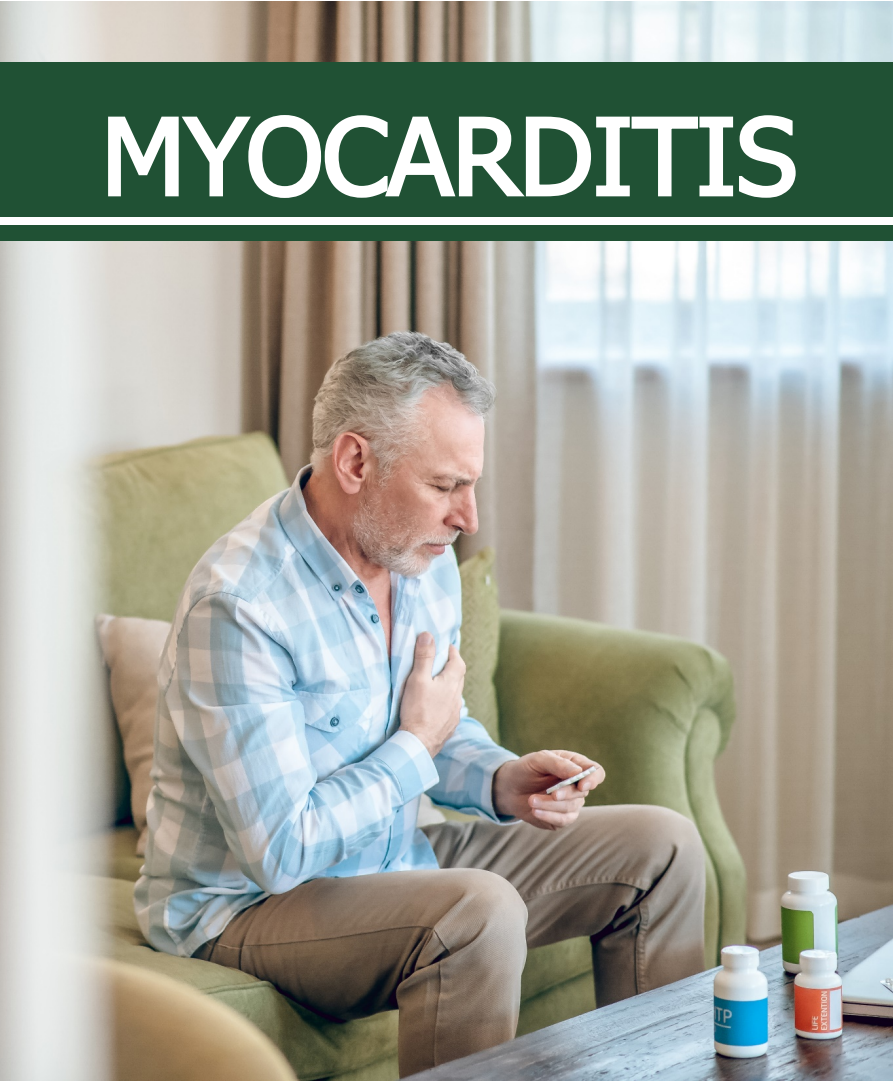


**Myocarditis and Covid Shots**

# MYOCARDITIS

- Myocarditis is inflammation of the heart muscle which leads to impaired contraction, clogged vessels, problems with the electrical conduction systems, and eventually scar tissue.
- Long-term, myocarditis leads to progressive weakening of the heart cells, leading to heart failure.

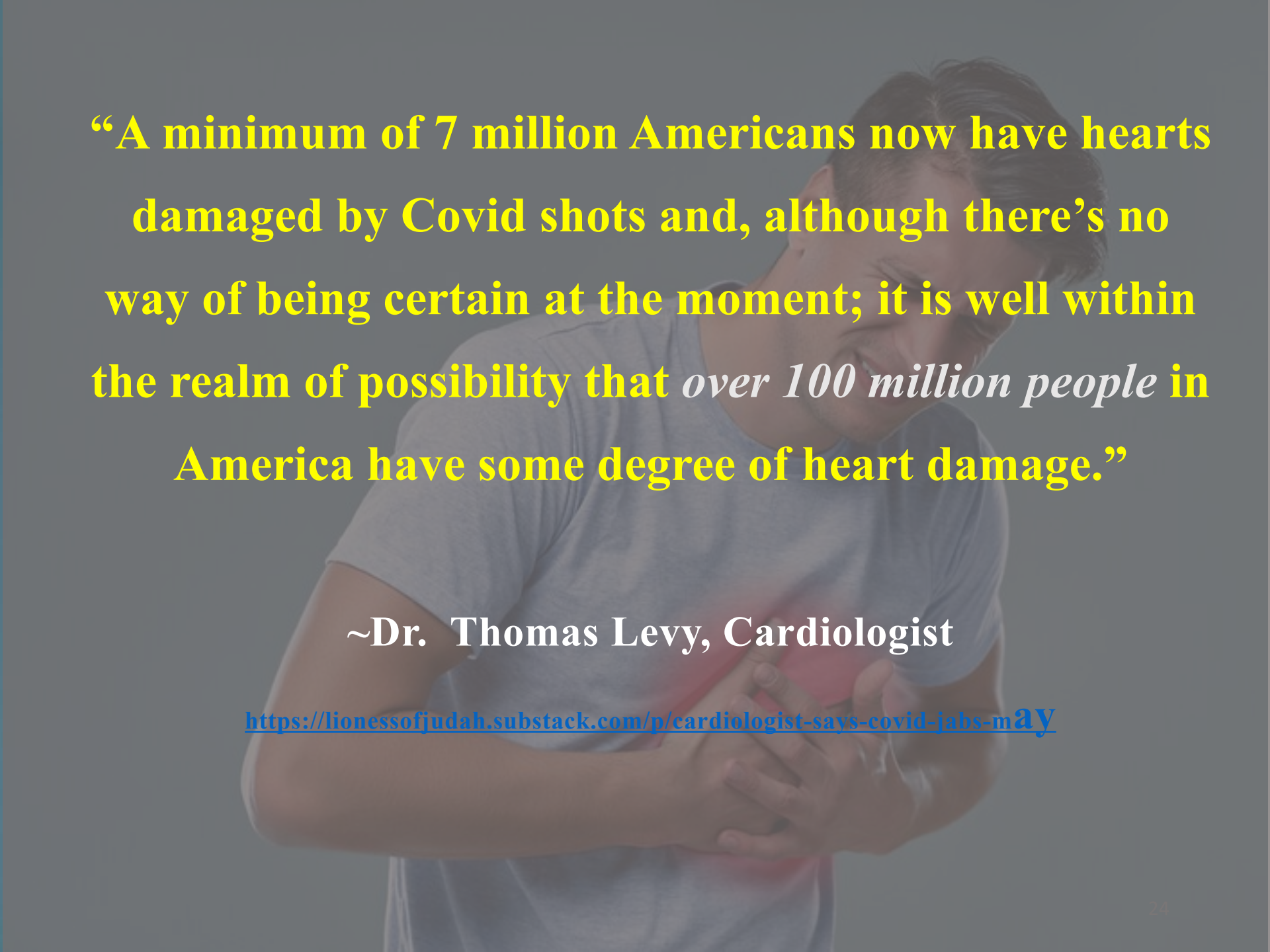
REF: Sagar, Sandeep et al. "Myocarditis." *Lancet (London, England)* vol. 379,9817 (2012): 738-47. doi:10.1016/S0140-6736(11)60648-X



A close-up photograph of a person's chest area. The person is wearing a dark blue t-shirt. Two hands, belonging to a medical professional, are placed on the person's chest, one on the left and one on the right, near the collarbone. The hands are positioned as if performing a physical examination, such as palpating the heart or lungs. The background is a solid dark color.

**“Subclinical Myocarditis may be occurring  
in EVERY recipient of even one covid shot.”**

**~Dr. Peter McCullough**



**“A minimum of 7 million Americans now have hearts damaged by Covid shots and, although there’s no way of being certain at the moment; it is well within the realm of possibility that *over 100 million people in America have some degree of heart damage.*”**

**~Dr. Thomas Levy, Cardiologist**

<https://lionessofjudah.substack.com/p/cardiologist-says-covid-jabs-may>



Mortality rate of myocarditis?

20% at 1 year

and 50% at 5 years

***DESPITE optimal medical  
management***



# Damaged Pilots

Among Americans that have heart damage from the covid jabs include ***more than 20% of all pilots screened.***

In the October 2022 version of *the FAA Guide for Aviation Medical Examiners*, the FAA quietly widened the EKG parameters beyond the normal range (from a PR max of .2 to *unlimited*) to allow pilots with damaged hearts to fly.



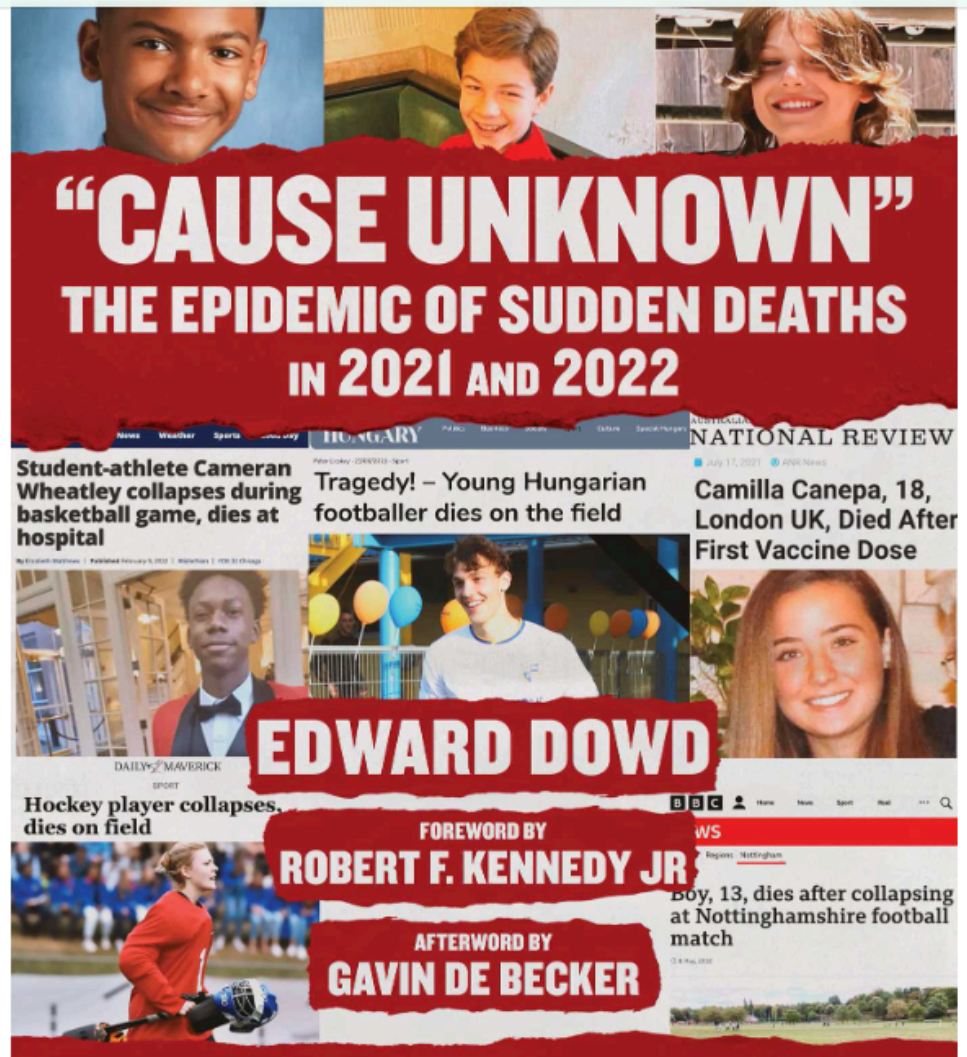
# Ed Dowd: “Cause Unknown”

A close look at the human loss beyond the statistics.

When you see the people who are represented by the dry term *Excess Mortality*, it is difficult to accept.

Thousands of sudden deaths in young healthy children, adults and especially athletes, known to be the healthiest among us, with their deaths labeled  
*“Cause Unknown”*

[DrTenpenny.com/membership](https://DrTenpenny.com/membership)



# Athlete Collapses and Deaths, 2021—22

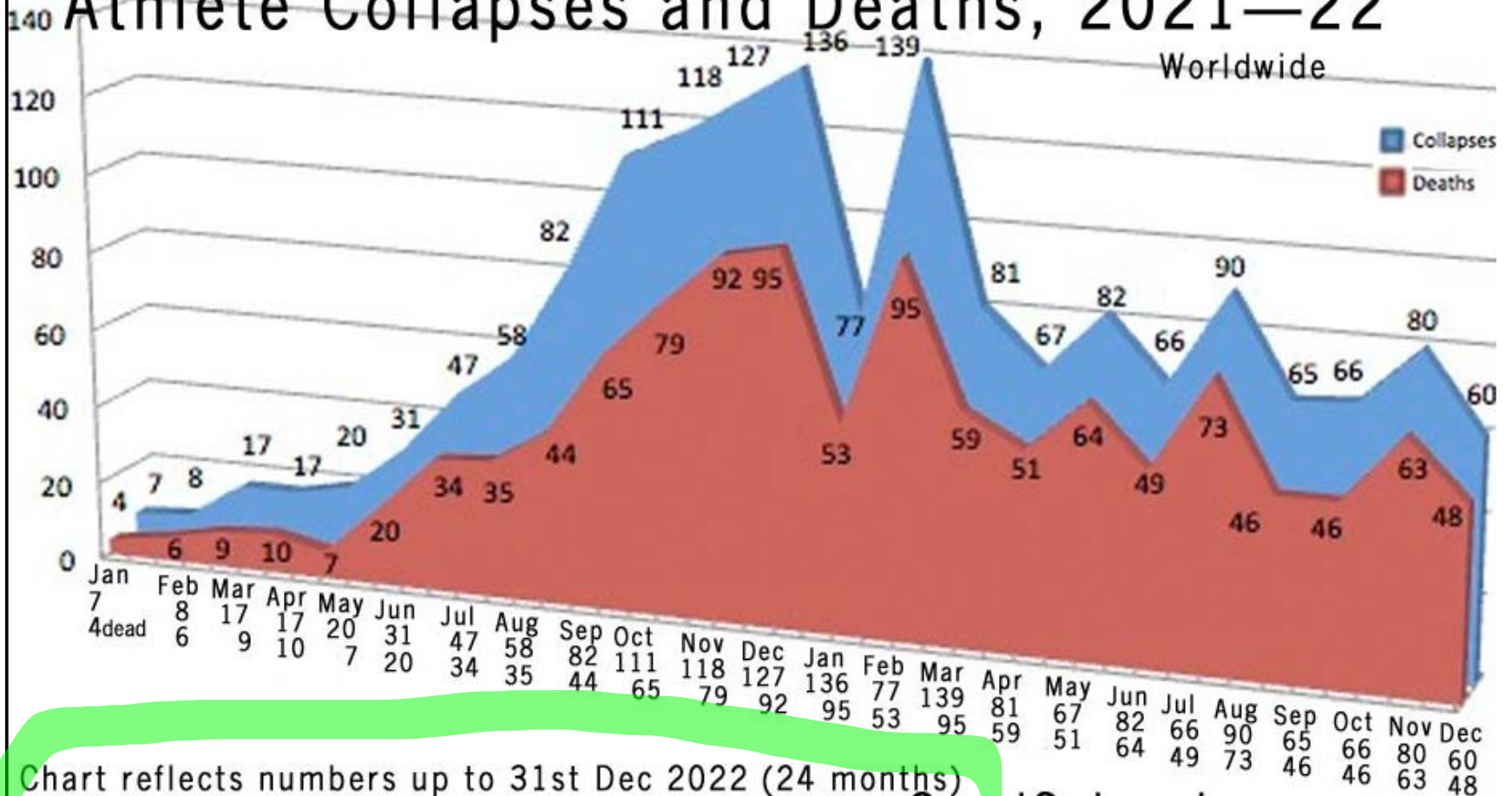


Chart reflects numbers up to 31st Dec 2022 (24 months)  
 1652+ discovered, 1147+ dead

GoodSciencing.com



**Multiple deaths of young high-level athletes are occurring *every week* since they began receiving the mRNA shots.**

**Toxic lipid nanoparticles can penetrate tight junctions of the heart's blood vessels and then spike proteins can *clog the microcirculation to myocardium.***

<https://bjsm.bmj.com/content/48/12/980.long>

<https://globalcovidsummit.org/vaccine-injured/-1024-athlete-cardiac-arrests-serious-issues-666-dead-after-covid-shot>



***Top athletes as of Feb 2023:***

**1884 Cardiac arrests**

**1310 Dead**

• REF: <https://goodsciencing.com/covid/athletes-suffer->



***Is there anything we can do to heal the heart once it has been damaged?***



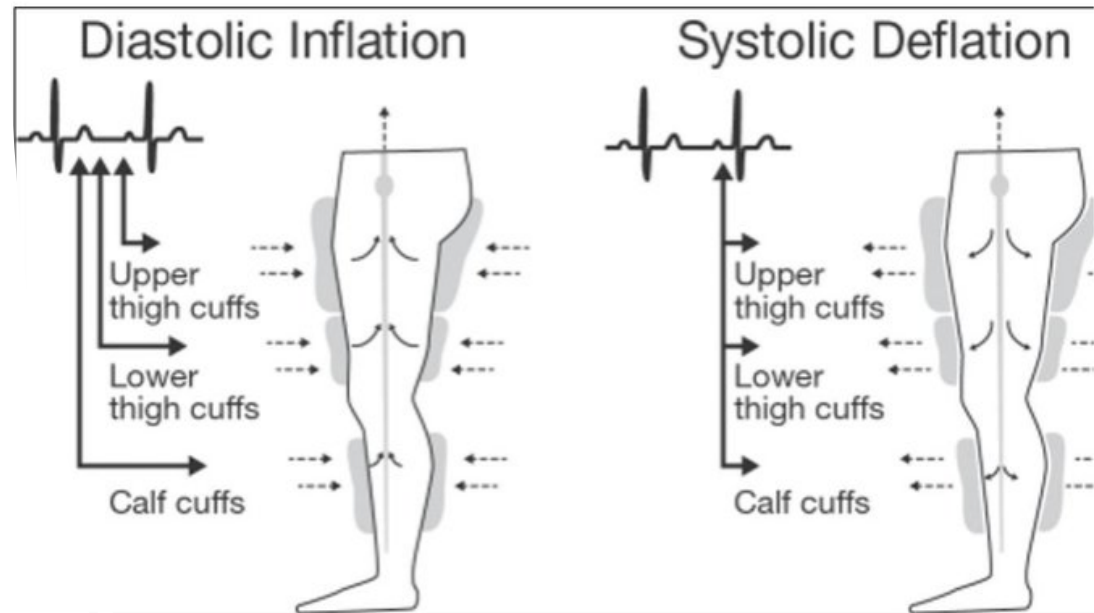
# ECP

External Counter Pulsation

# What is ECP?

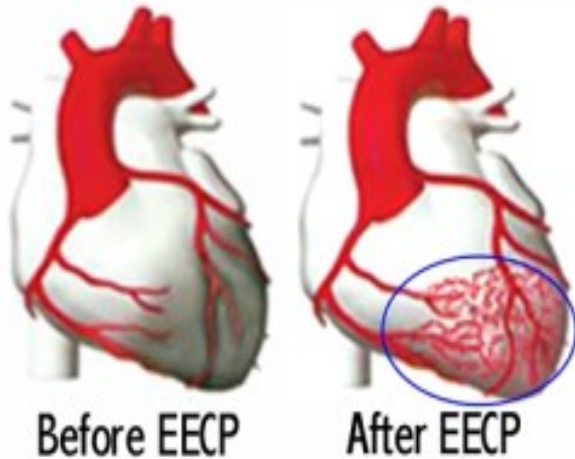
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- ECP stands for **E**xternal **C**ounter **P**ulsation
- It is noninvasive, FDA approved **since 1995**
- It adheres to “First do no harm.”
- **ECP treatments consist of three sets of pneumatic (BP) cuffs attached to each calf; each thigh; and pelvis (5 cuffs)**
- Pressure is adjusted to provide optimal blood flow and firm compression without pain.





# Who are **cardiac** candidates for ECP?



ECP can be used post-surgery & with pacemakers, internal defibrillators, and stents.

It is dramatically less expensive than stents, angioplasty, or surgery.

A middle-aged man with short, light brown hair is smiling warmly at the camera. He is wearing a dark blue, textured cable-knit sweater. His arms are crossed, and he is leaning against a dark, horizontally-slatted wooden wall. The background is a solid, muted reddish-brown color.

# ECP THERAPY

Overall Health Improvement Like No Other!

Non-Invasively helping  
men feel like men again

[tenpennyecp.com](http://tenpennyecp.com)

# What Else Can ECP Treat

- Heart disease (all types)
- Arrhythmias
- Peripheral Vascular disease
- Hypertension
- Kidney disease
- Vision impairment
- Rheumatic conditions (pain)
- Stroke
- Various neuropathies

- Dementia and memory loss
- Parkinson's disease
- Peripheral neuropathies
- Autoimmune diseases
- Avascular necrosis (joints)
- Restless leg syndrome
- Vertigo
- Hearing loss/tinnitus
- Long Haul Covid



# Common Questions

## What about leg clots?

- Patients with DVT or a history of DVT can benefit from ECP
- **ECP cannot cause blood clots; clots form with stagnation**

**REF:** Masuda D, et al. "Enhanced external counter pulsation improved myocardial perfusion and coronary flow reserve in patients with chronic stable angina." Eur Heart J 2001;22:1451-1458.

## Who should NOT have ECP?

- Fever
- Open wound on legs
- Uncontrolled atrial fibrillation
- Uncontrolled hypertension (>180/110)
- Palpable abdominal aneurysm
- Hemophiliacs
- Superficial phlebitis (due to discomfort)
- Pregnancy
- Patients on Coumadin



# HOW LONG DO THE BENEFITS LAST?

- **3-year study:** 1061 patients maintained significant improvements with fewer angina events and better quality of life following 35 ECP sessions

**REF:** Loh PH, et al. "Enhanced external counter pulsation in the treatment of chronic refractory angina: a long-term follow-up outcome from the International Enhanced External Counter pulsation Patient Registry." Clin Cardiol 31: 59-164.

- **5-year study:** 88% of ECP-treated patients had maintained results they had gained without the need for additional revascularization

**REF:** Lawson WE, et al. "Long-term prognosis of patients with angina treated with enhanced external counter pulsation: five-year follow-up study." Clin Cardiol 2000;23:254-258.

# ECP STUDIO – A TENPENNY CLINIC

- Cleveland, Ohio
- Ventura, California
- ***OPEN HOUSE – FRIDAY, JUNE 30 – 9a to 2p***





**THE MOST IMPORTANT REASON  
TO STAY ENGAGED...**

**#10 God's Word  
Tells Us  
to Stay in the Fight**





# #10 God's Word

- Luke 19:13
  - ***Engage in business until I return.***
- Galatians 6:9
  - Let us not become weary doing good ***for at the proper time*** we will reap a harvest ***if we do not give up.***
- Philippians 4:13
  - I can do ***all things*** through Christ which strengthens me.
- Isaiah 41:10-11
  - ***Fear not, for I am with you; do not be dismayed,*** for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.
- Joshua 1:9
  - ***Be strong and of a good courage; do not be afraid or dismayed:*** for the Lord thy God is with you where ever you go.

# Take Action





# RESIS T

If only 10% of ordinary citizens become aware of this information and took action, the elite's plans would be thwarted and a window would open.

Ordinary citizens could take back control over their own destinies.



# PRAY AND REPENT

2 Chronicles 7:14

***IF*** my people, who are called by my name, humble themselves, and pray, and seek my face, and ***turn from their wicked ways;*** **then** will I hear from heaven, and will forgive their sin, and ***will heal their land.***

# **SUMMARY:**

## **Why You Must Stay in the Game AND Fight**

- 
- 1. Our World – the war isn't over**
  - 2. Our food**
  - 3. Our water**
  - 4. Our air**
  - 5. Our Children's Future**
  - 6. Our Health Choices**
  - 7. Our Right to Privacy**
  - 8. Our Personal Rights**
  - 9. Our Personal Sovereignty**
  - 10. God Commands it**

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# WEEKLY SCHEDULE WITH DR. TENPENNY

[www.DrTenpenny.com](http://www.DrTenpenny.com)



*Monday*

**This Week with Dr.T** 9am ET

New Guest Each Week  
[www.clouhub.com/Dr\\_Ten](http://www.clouhub.com/Dr_Ten)

**Deep Dive** 10am ET

Premium Podcast Members Only

**The Tenpenny Files:  
On Your Health** 7pm ET

on BrighteonTV  
[www.clouhub.com/Dr\\_Ten](http://www.clouhub.com/Dr_Ten)



*Saturday*

**Eye On The Evidence  
Substack**



*Tuesday*

**Morning Coffee with Dr.T** 9am ET

Interactive Q&A. Register to chat with Dr.Tenpenny  
[www.clouhub.com/Dr\\_Ten](http://www.clouhub.com/Dr_Ten)

**Happy Hour with Dr.T** 6pm ET

New Guest Each Week  
[www.clouhub.com/HappyHourWithDrT](http://www.clouhub.com/HappyHourWithDrT)



*Thursday*

**Happy Hour Bible Study** 6pm ET

An Educational Series with Special  
Guests Hosting Segments  
[www.clouhub.com/HappyHourWithDrT](http://www.clouhub.com/HappyHourWithDrT)

**Critically Thinking with  
Dr.T and Dr.P** 7pm ET

once a month with the 5 Docs  
[www.clouhub.com/c/CriticallyThinking](http://www.clouhub.com/c/CriticallyThinking)



*Sunday*

**On Walking with God  
Substack**